4.0 TIME MODE: Current Time Display

When the Current Time Mode is selected, the watch display will show the following items:
- Top Row: Current Time
- Middle Row: Day of the Week
- Bottom Row: Year, Month, Day

To change the display format, press the [S/S] button while the digits are flashing, use the [S/S] or [L/R] button to change between Hourly, Half-Hour, Chronograph Mode, and then the watch will return to the Last Setting Display.

Press the [L/R] button to record each lap. This watch has a 100 lap memory.

5.0 DAILY ALARM MODE: Daily Alarm 1, Daily Alarm 2 and Chime Display

In Chronograph Mode, press the [M] button to recall lap times. The display shows:
- 100 Lap Memory
- 1L, 2L, etc. Lap Number
- Lap Time

When the Chronograph Mode is selected, the watch will show the following items:
- Top Row: Current Time
- Middle Row: Day of the Week
- Bottom Row: Year, Month, Day

To change the display format, press the [S/S] button while the digits are flashing, use the [S/S] or [L/R] button to change between Hourly, Half-Hour, Chronograph Mode, and then the watch will return to the Last Setting Display.

6.0 CHRONOGRAPH MODE: Chronograph Display

The watch includes a Chronograph Mode with measures elapsed time, accumulated elapsed time and lap times.

5.3 DAILY ALARM MODE: Setting the Daily Alarm

- To turn on the Daily Alarm, Press the [M] button for about 2 seconds until the flashing “SET” icon appears (seconds display will change to 000).
- Press the [M] button to record the alarm setting.
- When the alarm is complete, Press the [M] button in the set the alarm indicator will appear on the display.

6.1 CHRONOGRAPH MODE: Using the Chronograph

- Press the [S/S] button to start the alarm.
- Press the [L/R] button to stop the alarm.

6.2 CHRONOGRAPH MODE: Recording & Recalling Lap Time

To recall lap times:
- Press the [S/S] button to stop the Chronograph. Press and hold the [M] button to access Lap Mode.

1.0 INTRODUCTION AND WATCH CARE

Congratulations on the purchase of your West Marine Regatta Timer Watch. This multi-function digital watch is an accurate and reliable electronic instrument which is designed for outdoor activities. Please carefully read and follow the watch instructions and care information to ensure maximum performance for years to come.

- The watch can be wiped clean with a cloth lightly moistened with the West Marine Regatta Time mode display shows:
  - Athlete Auto-Start Timer
  - Athlete Auto-Stop Timer
  - Athlete Auto-Reset Timer

- The watch contains a Water Resistant sensor which monitors water-resistant sensor its operation and is rated for a depth of 10 bars. Never disassemble or attempt to repair or service your watch yourself. All repairs and battery replacements should be done by a trained and certified West Marine Repair Technician.

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### 7.1 REGATTA TIME MODE: Setting the User Preset Value

- Press and hold the [M] button for about 2 seconds until the flashing “SET” icon appears (approx. 0.4 sec).
- When this display is flashing, use the [S/S] or [M] button to change the hour, minute, and second setting.
- After setting is complete, Press and hold the [M] button for the next setting.
- When the setting is complete, Press and hold the [M] button to exit the setting display.

### 7.2 REGATTA TIME MODE: Using the Regatta Timer

- Press and hold the [M] button for about 2 seconds until the “Magnetic North” which is slightly different from True North.
- Refer to the Magnetic Declination table for some major cities.
- Additional information can be found online.

### 9.1 COMPASS MODE: Compass Directions & Bearing Directions

- In Regatta Time Mode, press the [M] button to move through the sequence of Cassel & User Preset Values.
- Press and hold the [M] button to select the countdown timer.
- Set the time by pressing the [S/S] button. Use the [M] button to select a new target time.

### 9.2 COMPASS MODE: Direction & Bearing Directions

- From Time Mode, press the [M] button twice to enter and/or exit Compass Mode.
- The watch includes a Compass with three different displays:
  - Compass Display: In Compass Mode, the display will show the direction of Magnetic North.
  - Normal Bearing Display: Shows the direction of the bearing.
  - User Preset Value: Shows the direction of the user preset value.

### 9.3 COMPASS MODE: Backward Bearing & Compass Lock

- In Compass Mode, the watch includes a Compass Lock Function.
- The watch includes a Compass Lock Function to fix the direction.
- Press the [S/S] button to complete the calibration and rotation.
- As the pointer is rotating around the watch, the watch will exit the setting mode if no button is pressed for 1 minute.

### 9.4 COMPASS MODE: Applications of the Compass Display & Backward Bearing

- Press and hold the [M] button for 3 seconds to enter Compass Mode.
- The watch includes a Compass with three different displays:
  - Compass Display: In Compass Mode, the display will show the direction of Magnetic North.
  - Normal Bearing Display: Shows the direction of the bearing.
  - User Preset Value: Shows the direction of the user preset value.

### 11.0 POWER SAVING MODE

- This watch has a Power Saving Function which will turn off the LED display to save battery life.
- While in Power Save Mode, the watch will still keep time.
- From Current Time Mode, Press and Hold the [M] button for about 3 seconds until the display turns off.
- Press any key to exit Power Save Mode and the display will be restored.